



Group Therapy Training Program Application

Program Description

The Group Therapy Training Program is a one-year course of study of the theory and practice of group therapy facilitation. Faculty includes senior group therapists and experts in group psychotherapy from within The Psychotherapy Institute (TPI) and the larger community.

The program includes:

- Weekly process learning group
- Individual consultation
- Monthly didactic workshops
- Monthly Group Development course
- Group facilitation experience

Up to 8 individuals will be accepted into this program, in order to allow for a consistent small-group experience throughout the training. The program begins in September and lasts for 12 months.

The goals for participants of the Group Therapy Training Program are:

1. Develop basic fundamentals and skills in psychodynamic group therapy;
2. Understand the dynamics of groups as a whole, among members, and with the leader as authority;
3. Identify and develop each participant's individual style of group facilitation;
4. Develop the use of the individual's Self in the facilitation of psychotherapy groups;
5. Learn the process and tasks of developing groups.

Qualifications

1. Applicants must be licensed in California to practice independently in a mental health field (e.g., psychiatry, social work, psychology, marriage/family therapy, nursing) and have a minimum of two years post-license clinical experience.
2. Advanced interns will also be considered.
3. Applicants must have the capacity for introspection and self-awareness.

Fees and Tuition

A \$50 (US) application fee must accompany the application.

The fee for the program is \$350/month.

Participants in the SSP also become members of The Psychotherapy Institute; membership fees are waived during their time in the program.

Application Deadline

For the application deadline, see www.tpi-berkeley.org/group-therapy-training-program. After reviewing your application, the Selection Committee will contact you about next steps in the application process.

Mail your completed application and a check made out to TPI for the \$50 application fee to:

The Psychotherapy Institute
2232 Carleton Street
Berkeley, CA 94704

You may also email your completed application to ksduncan@tpi-berkeley.org and pay for your application fee online at <https://www.tpi-berkeley.org/group-therapy-training-program/how-apply>.

For more information, please contact K. Sue Duncan, Executive Director, (510) 548-4407.

The Psychotherapy Institute is a nonprofit organization that has been training therapists and providing affordable therapy since 1972. With a diverse membership of over 400, we offer a range of educational and training programs to the psychotherapy community.



The
Psychotherapy
INSTITUTE

2232 Carleton Street • Berkeley, California 94704
510.548.2250 • 510.548.1296 • tpi@tpi-berkeley.org • www.tpi-berkeley.org

Group Therapy Training Program Application

(Please submit with a nonrefundable application processing fee of \$50.00.)

Name _____ Date _____

Address _____

City/State/Zip _____

Home Phone _____ Work Phone _____

E-mail Address _____

Professional Degree(s) _____ Type of License _____

License Number _____ Month & Year Obtained _____

Total number of hours of group facilitation experience to date _____

How did you hear about the Group Therapy Training Program? _____

LETTERS OF REFERENCE

Three letters of reference in support of your application are to be sent to The Psychotherapy Institute (ATTN: Group Therapy Training Program).

Please list the names and phone numbers of the individuals from whom you will request letters of reference:

Name _____ Phone _____

Name _____ Phone _____

Name _____ Phone _____

Application Questions

Please briefly answer the following questions (answers should be limited to a total of two typed pages):

1. Describe your current clinical work, including your work setting(s), clientele, orientation, any group experience, and the kinds of people and problems you like to work with.
2. Explain the specific experience and training you have had as a facilitator of any psychotherapy and/or other kind of group.
3. Why are you interested in the Group Therapy Training Program? How do you expect psychodynamic training in group therapy to affect you personally and professionally?
4. Please describe your experience in psychotherapy or as a member of a psychotherapy group.